

BRUNCH

Served all day

FRESHLY BAKED CROISSANTS 2€

PAN AU CHOCOLATE 3€

- 1. BIRCHER MUESLI** a great way to start your day Soaked Oats in Almond and Coconut Milk, Mashed Banana, Mixed Berries with Sunflower and Chai Seed **6.50€**
- 2. ORANGE & BLOSSOM** with Cardamom Chai Seed Pudding in a Creamy Coconut Vanilla Glaze, drizzled with Maple Syrup and Fruit Compote **7.00€**
- 3. TOASTED GRANOLA** served with Soya and Coconut Yoghurt topped with Mixed Berries and Sunflower Chai Seed Mix **6.50€**
- 4. TOFU SCRAMBLE** Pan – Fried Smoked Tofu with Turmeric and Ginger, Roasted Peppers with Onion, Wilted Spinach on Whole Meal Toast dressed with Herb Oil **7.00€ ***

*Add **Veggie Sausages** for a protein boost **2.50€**
- 4B. BREAKFAST SALAD** Steamed Broccoli and Edaname Beans, Two Poached Eggs and topped with Sunflower Seeds **8.50€**
- 5. FRENCH TOAST** with a Twist, Cinnamon Buttered Brioche served with Mixed Berry Compote Vanilla and Coconut drizzle **7.50€**
- 6. PANCAKES** 3 Pancakes served with Berries, Vanilla and Coconut drizzle. Choice of Maple Syrup or Chocolate Sauce **6.50€**
* Add **Crispy Streaky Bacon 3€** or **Banana 2€**
- 7. TOASTED CRUMPETS** or **ENGLISH MUFFIN** served with Butter and Jam **4€**
- 7B TOAST** 2 slices of White or Whole Meal Toast with Butter and Jam **3€**
- 8. AVOCADO & SMOKED SALMON** with Smashed Avocado and Scrambled Eggs, topped with Smoked Salmon on a Toasted open Brioche Bun **8.50€**
- 9. AMERICAN BRUNCH** 3 Stacked Pancakes with Scrambled Eggs, Crispy Streaky Bacon, Maple Syrup on the side **7.50€**
- 10. FULL ENGLISH BREAKFAST** with Bubble and Squeak, Two Grilled Back Bacon, Artisan Sausages Grilled Tomato, Saute Herb Mushrooms Black and White Pudding, Baked Beans, Toast and Eggs of your choice, plus either Tea or Coffee **12.95€**

11. FULL VEGETARIAN BREAKFAST with Bubble and Squeak, Griddle Veggie Sausages, Grilled Tomatoes, Herb Butter Saute Mushrooms, Baked Beans, Toast and Eggs of your choice **9.95€**

12. STEAK & EGGS Hand cut Prime 8oz Sirloin Steak with 2 Fried Hen's Eggs **14.95€ ***

- Add **Pan Fried Chorizo & Red Onion 3€**, **Skins on Fries 3€**, or why not both?!

14. SHAKSHUKA EGGS Poached Eggs in a Moroccan Spiced Tomato & Pepper Sauce with crumbled Mint & Yoghurt dressing **9.50€ ***

* Add **Grilled Halloumi 3€**

15. EGGS BENEDICT Free Range Poached Eggs, Crispy Streaky Bacon with Hollandaise Sauce, on a Toasted English Muffin **8.50€**

16. EGGS FLORENTINE Free Range Poached Eggs, Wilted Spinach with Hollandaise Sauce, on a Toasted English Muffin **8.50€**

17. EGGS ROYALE Free Range Poached Eggs, Smoked Salmon with Hollandaise Sauce, on a Toasted English Muffin **9.50€**

18. EGGS ON TOAST Two free Range Fried, Poached or Scrambled Eggs on warm buttered toast **6.50€**

18B. BEANS ON TOAST Warm Buttered Toast with Heinz Beans on top! **5.50€**

19. BACON SANDWICH 3 Slices of Grilled Back Bacon on buttered white or whole meal bread **5.50€**

20. SAUSAGE SANDWICH House recipe Artisan sausages on on buttered white or whole meal bread **6€**

21. CLASSIC B.L.T 3 Slices of grilled Back bacon, Sliced Vine Tomatoes, Romana Lettuce, Mayonnaise on white or whole meal bread **7.50€**

22. VEG L.T Griddled Veggie Sausages, Sliced Vine Tomatoes, Romana Lettuce, Mayonnaise on white or whole meal bread **7€**

23. HALLOUMI L.T Pan fried Halloumi, Sliced Vine Tomatoes, Romana Lettuce, Mayonnaise on white or whole meal bread **8€**

TOASTIES WRAPS & BAGUETTES

All served on either White or Whole Meal Bread

24. HAM & CHEESE TOASTY Maple Glazed Ham, Cheddar Cheese Toasty, served with House Slaw & Gluten Free Crisps **6.50€**

24B HAM or CHEESE SALAD SANDWICH Choose from either Maple Glazed Hamm or Cheddar Cheese with fresh Salad, served with House Slaw & Gluten Free Crisps **6.50€**

25. TUNA & CHEESE MELT TOASTY Flaked Tuna with Cheddar Cheese, served with House Slaw & Gluten Free Crisps **6.50€**

26. CHEESE & TOMATO TOASTY Cheddar Cheese and Vine Tomatoes, served with House Slaw & Gluten Free Crisps **6.50€**

27. LEMON THYME CHICKEN WRAP with Roasted Vegetable Red Pepper Jam, served with House Slaw & Gluten Free Crisps **8.50€**

28. SMOKED SALMON WRAP with Herb Cream Cheese and Mixed Leaf, served with House Slaw & Gluten Free Crisps **9€**

29. FALAFEL WRAP Hemp Protein Falafel Wrap with healthy homemade Falafels, with Roasted Vegetables, Hummus, Citrus Tahini, served with House Slaw & Gluten Free Crisps **8€**

30. PLOUGHMANS BAGUETTE Grated Cheddar Cheese with Spring Onion, Mayonnaise, Fresh Apple, on a Baguette with Mustard Seed Picccalli, served with House Slaw & Gluten Free Crisps **7.50€**

31. ROAST PORK & APPLE BAGUETTE Roasted Pork, Sage & Onion Stuffing, Apple Sauce, served on a Baguette, served with House Slaw & Gluten Free Crisps **8.50€**

32. WAVES CHICKEN & BACON BAGUETTE Grilled Chicken, Back Bacon, Sliced Vine Tomatoes, Mixed Leaf, Mayonnaise, served with House Slaw & Gluten Free Crisps **8.50€**

33. STEAK & ONION BAGUETTE Pan Fried Sirloin Steak with Caramelised Onions on a Baguette with Horseradish Cream, served with House Slaw & Gluten Free Crisps **9.50€**

34. CHICKEN & CHORIZO BAGUETTE Grilled Chicken & Chorizo, with Smashed Avocado on a Baguette, served with House Slaw & Gluten Free Crisps **8€**

35. GRILLED HALLOUMI BAGUETTE Halloumi, Mixed Leaf, Vine Tomatoes, on a Baguette with Tzatziki Sauce, served with House Slaw & Gluten Free Crisps **8.50€**

SUMMER ORGANIC ALLOTMENT SALADS

36. HOUSE SALAD Organic Mixed Leaf, Vine Tomatoes, Red Onion, Mixed Peppers, Cucumber, with House Dressing **7.50€**

36B CHICKEN SALAD Sliced Grilled Chicken Breast, with Organic Mixed Leaf, Vine Tomatoes, Red Onion, Mixed Peppers, Cucumber, with House Dressing **9€**

37. CHICKEN CAESAR SALAD Sliced Grilled Chicken Breast, Crispy bacon, Romana Lettuce, Herb Croutons, Parmesan Cheese, drizzled with Classic Caesar Dressing **9.50€**

38. GREEK SALAD Organic Mixed Leaf Salad, Feta Cheese, Olives, Vine Tomatoes, Cucumber, Red Onion, Mixed Peppers with an Oregano and Tzatziki Sauce **9€**

39. HALLOUMI & WATERMELON SALAD Grilled Halloumi, Sliced Fresh Watermelon served on a House Salad with a Balsamic Glaze **10€**

40. TUNA NICOISE SALAD Seared Lemon Pepper Tuna Steak, Boiled Egg, Olives, Potatoes, with Greens, Mixed Salad served with a Lemon & Herb Dressing **13.95€**

41. GOATS CHEESE & BEETROOT SALAD Goats Cheese & Beetroot Bon Bons, on a Candied Walnut Salad, with Bee Pollen, and a Apple Cider Vinegar & Thyme Dressing **14.95€**

42. HEMP PROTEIN FALAFELS served on a Zattar Roasted Vegetable Quinoa Salad, Smashed Avocado, Chai Seed with a Citrus Tahini Dressing **13.50€**

43. ROSE HARRISA SALMON SUPREME, with Spiced Chickpea Quinoa Salad, Roasted Pepper and Tomato Moroccan Dressing **14.50€**

44. BLACK PUDDINGSCOTCH EGG on a Warm Potato and Crispy Bacon Salad with Mustard Seed Piccalli **14.95€**

BURGERS & CLASSICS

45. CLASSIC BURGER 4oz Homemade Beef Burger, Red Onion, Lettuce, Tomato and Burger Relish in a Brioche Bun **7€ ***

* Add **CHEESE** **1.50€**

BACON **2€**

CHORIZO & RED ONION **3.50€**

46. WAVES BURGER Two x 4oz Homemade Beef Burger, Crispy Bacon, melted Cheese, Red Onion, Lettuce, Tomato and Burger Relish, in a Brioche Bun, Topped with Onion Rings **12€**

47. CHICKEN BURGER Salt & Pepper Crispy Chicken Breast Burger with Tomato, Red Onion, Lettuce and Red Pepper Jam served in a Brioche Bun **9€**

48. FISH BURGER Beer Battered Cod Fillet with Tomato, Red Onion, Lettuce and Tartar Sauce **8.50€**

49. HEMP PROTEIN FALAFEL BURGER, served with Tomato, Hummus, Red Onion and Lettuce, served in a Brioche Bun **8.50€ ***

* Add **HALLOUMI** **3€**

50. LITE BITE LOW CARB BURGER Grilled Beef Kofta on a Zattar Flat Bread with Mint and Fat Free Yogurt Sauce. Served with Lemon and Herb Salad **8.50€**
Total Calories 520

51. NAKED BURGER 9€

Choose either **BEEF, CHICKEN, FISH, FALAFEL, HALLOUMI**, Served on top of a House Salad without a bun

52. FISH & CHIPS In house Beer Battered Cod Fillet, Chunky Chips with Skins, Mushy Peas and Tartar Sauce with Fresh Lemon **13.50€**

53. HAM EGG & CHIPS Maple Glazed Ham, Two Fried Eggs, with Chunky Chips **10.50€**

CHIPS.....

54. SKIN ON FRENCH FRIES 2.50€ *

55. CHUNKY CHIPS Homemade Skin on Chunky Chips **3€ ***

56. SWEET POTATO FRIES 3€ *

*** ADD any of the following**

***CHEESE 1.50€**

***CHORIZO, RED ONION, CHEESE & HOT SAUCE 3.50€**

***BACON, BBQ SAUCE & CHEESE 3€**

57. FIRE BUCKET Homemade Skin on Fries Smothered with Cheese, Chilli and Chorizo **5€**

58. BREAD & BUTTER 2 Slices of either White or Whole Meal Bread **3€**

.....and DIPS

ALL DIPS 2€

CHIPPY CURRY SAUCE

BEEF GRAVY

SIRACHIA HOT SAUCE

RED PEPPER JAM

SWEET CHILLI SAUCE

CITRUS TAHINI

TZATZIKI

HUMMUS

SIDES & BITES

59. ORANGE & ROSEMARY OLIVES 3.50€

60. HOUSE SLAW 3.50€

61. FALAFEL & DIPS 7.50€

62. BLACK PUDDING SCOTCH EGG & PICCALLI 7.50€

63. ONION RINGS & 3 DIPS OF YOUR CHOICE 7.50€

64. GOATS CHEESE & BEETROOT BON BONS 8€

65. LARGE PORTION CHICKEN POPCORN & 3 DIPS OF YOUR CHOICE
7.50€

KIDS MENU

All children's meals 5€, unless otherwise stated

66. POPCORN CHICKEN & FRIES

67. BURGER & FRIES Choose either **BEEF, CHEESE, CHICKEN, FISH**

68. TOASTY with FRIES Choose either **HAM & CHEESE, TUNA & CHEESE or CHEESE & TOMATO**

69. MINI BRUNCH, 2 Pancakes, Scrambled Egg and Crispy bacon with Maple Syrup

70. TOAST & JAM 1 Slice of Toast with Jam **2.50€**

71. PANCAKES 2 Pancakes with either Chocolate Sauce or Maple Syrup

72. MINI FISH & CHIPS Small Portion of Fish with French Fries

73. VEGETABLE STICKS with HUMMUS 4€

SUNDAY ROAST

1 COURSE 13.95€ 2 COURSES 16.95€

**SERVED THROUGHOUT SUNDAY FROM MIDDAY
CHOOSE FROM THE FOLLOWING**

ROAST BEEF

HERB ROAST CHICKEN

ROAST PORK with CRACKLING

VEGETARIAN OPTION AVAILABLE

PLUS FISH SPECIAL OF THE DAY

3 MEAT add 3€

All served with

**A tradition of ROAST POTATOES, SEASONAL VEGETABLES, YORKSHIRE
PUDDING and RICH RED WINE GRAVY**

**HOMEMADE DESSERT SERVED EVERY SUNDAY TO CONJURE UP
ALL THE MEMORIES OF THOSE BYGONE SUNDAY LUNCHES.
PLEASE ASK YOUR SERVER FOR DESSERT CHOICES**

COFFEE and CAKE 6.50€

CAKE ONLY 3.70€

CHOOSE FROM THE FOLLOWING CAKES

LEMON MERINGUE PIE

CARROT CAKE *Gluten Free*

LEMONCELLO

CHOCOLATE FUDGE CAKE *Gluten Free*

PAN AU CHOCOLATE

CROISSANT

SPANISH

CROISSANT 2€ NEPOLITANA 3€

1. MUESLI CASERO 6.50€
2. FLOR PÉTATOS Y NARANJA – PUDDING DE COCO Y VANILLA, SERVIDO CON SEMILLAS DE CARDAMONO, SIROPE DE ARCE Y FRUTAS DEL BOSQUE 7.00€
3. GRANOLA TOSTADA 6.50€
4. TOFU REVUELTO – TOFU FRITO, CÚRUMA, JENGIBRE, PIMIENTOS CON CEBOLLA, ASADOS, ESPINACAS, SERVIDO CON PAN INTEGRAL 7.00€
- 4B. ENSALADA DE DESAYUÑO 8.50€
5. TOSTADA FRANCES 7.50€
6. CREPES AMERICANOS 6.50€
7. BOLLOS O MUFFIN 4.00€
- 7B. 2 PIEZAS DE PAN BLANCO O INTEGRAL TOSTADOS CON MERMELADA DE FRESA 3.00€
8. SALMOÑ AHUMADO CON AGUACATE 8.50€
9. BRUNCH AMERICANO 7.50€
10. DESAYUÑO INGLÉS – PATATA Y COL FRITO, 2 LONCHAS DE BACON INGLÉS, SALCHICHA, TOMATE A LA PARRILLA, CHAMPIÑONES CON MANTEQUILLA DE HIERBAS, BOTIFARRÓN NEGRO, BOTIFARRÓN BLANCO, ALUBIAS CON SALSA DE TOMATE, TOSTADA Y 2 HUEVOS A SU ELECCIÓN, FRITO, REVUELTO O ESCALFADO 12.95
11. DESAYUÑO VEGETERIANO – PATATA Y COL FRITO, SALCHICHA VEGETERIANA, TOMATE A LA PARRILLA, CHAMPIÑONES CON MANTEQUILLA DE HIERBAS, ALUBIAS CON SALSA DE TOMATE, TOSTADA Y 2 HUEVOS A SU ELECCIÓN, FRITO REVUELTO O ESCALFADO 9.95€
12. ENTRECOTE Y HUEVOS 225G ENTRECOTE CON 2 HUEVOS FRITOS 14.95€
AÑADE MIXTO CHORIZO Y CEBOLLA FRITO 3€
PATATAS FRITAS 3€
- O LAS DOS OPCIONES
14. HUEVOS SHAKSHUKA 9.50€
15. HUEVOS BENEDICT 8.50€
16. HUEVOS FLORENTINE 8.50€
17. HUEVOS ROYALE 9.50€
18. HUEVOS CON TOSTADOS 6.50€
- 18B TOSTADAS CON ALUBIAS CON SALSA TOMATE 5.50€
19. SANDWICH DE BEICON 5.50€
20. SANDWICH DE SALCHICHA 6.00€
21. SANDWICH DE BEICON, LECHUGA Y TOMATE 7.50€
22. SANDWICH DE SALCHICHA, VEGETERIANA, TOMATE, LECHUGA Y MAYONESA, SERVIDO CON PAN DE MOLDE, BLANCO O INTEGRAL 7.00€
23. SANDWICH DE QUESO HALLOUMI, TOMATE, LECHUGA, MAYONESA, SERVIDO CON PAN DE MOLDE BLANCO O INTEGRAL 8.00€

SANDWICH TOSTADOS, BAGUETES O TORTILLA DE HARINA

- 24. SANDWICH TOSTADO DE JAMÓN INGLÉS Y QUESO. SERVIDO CON ENSALADA DE COL Y PATATAS FRITAS SIN GLUTEN 6.50€**
- 24B. SANDWICH DE JAMON O QUESO, TOMATE, LECHUGA, PEPINO Y CEBOLLA ROJA. SERVIDO CON ENSALADA DE COL Y PATATAS FRITAS SIN GLUTEN 6.50€**
- 25. SANDWICH TOSTADO DE ATUÑ Y QUESO, SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 6.50€**
- 26. SANDWICH TOSTADO DE QUESO Y TOMATE, SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 6.50€**
- 27. POLLO CON LIMÓN Y TOMILLO, ENRUELTO CON UNA TORTILLA DE HARINA, VERDURAS AL HORNO, MERMELADA DE PIMIENTO ROJO. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 8.50€**
- 28. SALMON AHUMADO ENRUELTO CON UNA TORTILLA DE HARINA, CREMEA DE QUESO CON HIERBAS, ENSALADA DE HOJAS MIXTAS. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 9.00€**
- 29. FALAFEL ENVUELTO CON UNA TORTILLA DE HARINA, VERDURAS AL HORNO, HUMMUS Y SALSA TAHINI. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 8.00€**
- 30. BAGUETE DE “PLOUGHMANS” QUESO CHEDDAR, RALLADO, CEBOLLETA, MAYONESA, MANZANA FRESCA, VERDURAS EN ESCABECHE Y MOSTAZA. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 7.50€**
- 31. BAGUETE DE CERDO ASADO, SALSA DE MANZANA Y RELLANO INGLÉS. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 8.50€**
- 32. BAGUETE DE “WAVES”, POLLO A LA PARILLA, BEICON INGLÉS, TOMATE, ENSALADA DE HOJAS MIXTAS Y MAYONESA. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 8.50€**
- 33. BAGUETE DE TENERA Y CEBOLLA. LONCHAS DE ENTRECOTE, CEBOLLA CARAMELIZADA Y SALSA DE RABANO PICANTE. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 9.50€**
- 34. BAGUETE DE POLLO Y CHORIZO, POLLO A LA PARILLA, CHORIZO U PURÉ DE AQUACATE. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 8€**
- 35. BAGUETE DE QUESO HALLOUMI CON ENSALADA DE HOJAS MIXTAS, TOMATE Y SALSA DE TZATZIKI. SERVIDO CON ENSALADA DE COL, Y PATATAS FRITAS SIN GLUTEN 8.50€**

ENSALADAS VERANIEGAS ORGÁNICAS

36. ENSALADA DE CASA 7.50€

36B. ENSALADA DE POLLO, LONCHAS DE POLLO A LA PARRILLA, ENSALADA DE HOJAS MIXTAS, TOMATE, CEBOLLA ROJA, PIMIENTOS MIXTOS, PEPINOS Y SALSA DE LAS CASA 9€

37. ENSALADA DE CEASAR 9.50€

38. ENSALADA GRIEGA 9€

39. ENSALADA DE QUESO HALLOUMI Y SANDÍA 10€

40. ENSALADA NICOISE ATUN ATUN FRESCO CON LIMÓN Y PIMIENTO, HUEVO DURO, PATATAS, JUDIAS FINAS, ENSALADA MIXTA Y SALSA DE LIMÓN Y HIERBAS 13.95€

41. ENSALADA DE QUESO DE CABRA Y “BONBONS” DE REMOLACHA. SERVIDO CON NUEZES AZUCARADAS, ENSALADA DE HOJAS MIXTAS, POLEN DE ABEJAS Y SALSA DE TOMILLO Y VINAGRE DE MANZANA 14.95€

42. ENSALADA DE FALAFEL. SERVIDO CON VERDURAS ALHORNO, ENSALADA DE QUINOA, PURÉ DE AQUACATE, SEMILLAS DE CHAI Y SALSA DE LIMON TAHINI 13.50€

43. ENSALADA DE SALMON “ROSE HARRISA”. SERVIDO CON GARBANZOS PICANTES, ENSALADA DE QUINOA Y SALSA DE TOMATE Y PIMIENTOS MARROQUÍ 14.50€

44. ENSALADA DE HUEVO ESCOCCÉS. ENVUELTO CON BOTIFARRÓN, SERVIDO CON BEICON Y PATATAS CALIENTES. VERDURAS ES ESCABECHE Y MOSTAZA 14.95€

HAMBURGESAS Y CLASICOS

45. HAMBURGESA CLASICA 7€

AÑADE ; QUESO 1.50€

BEICON 2€

MIXTO CHORIZO Y CEBOLLA FRITA 3.50€

46. HAMBURGESA DE WAVES 12€

47. HAMBURGESA DE POLLO PECHUGA DE POLLO CRUJIENTE. SERVIDO CON TOMATE, CEBOLLA ROJA, LECHUGA. MERMELADA DE PIMIENTO ROJO Y PAN BRIOCHE 9€

48. HAMBURGESA DE PESCADO 8.50€

49. HAMBURGESA DE FALAFEL. SERVIDO CON TOMATE, HUMMUS, CEBOLLA ROJA, LECHUGA Y PAN BRIOCHE 8.50€

50. HAMBURGESA LIGHT CON MENOS CALORIAS. KOFTA DE TENERA A LA PARRILLA. SERVIDO CON PAN DE PITTA. SALSA DE YOUTT Y MENTA Y ENSALADA DE LIMON Y HIERBAS. CALORIAS TOTAL 520 8.50€

51. HAMBURGESAS DESNUDO (SIN PAN) ELIGIR : UNA HAMBURGESA DE TENERA, POLLO, PESCADO, FALAFEL O HALLOUMI. SERVIDO CON ENSALADA DE LA CASA 9€

- 52. BACALAO FRITO con PATATAS FRITAS 13.50€**
53. LONCHAS DE JAMÓN INGLÉS, 2 HUEVOS FRITOS Y PATATAS CASERAS 10.50€

PATATAS FRITAS

- 54. PATATAS FRITAS CONJELADOS 2.50€**
55. PATATAS FRITAS CASERA 3€
56. BONIATO FRITO 3€
AÑADE QUESO 1.50€
MIXTO CHORIZO Y CEBOLLA FRITA, QUESO Y SALSA PICANTE 2.50€
BEICON, SALSA BBQ Y QUESO 3€
57. CUBO DE FUEGO PATATAS FRITAS CASERAS CON QUESO FUNDIDO, CHILI Y CHORIZO 5€
58. PAN DE MOLDE con MANTEQUILLA 3€

DIPS TODOS 2€

- | | |
|-----------------------------------|-----------------------------|
| SALSA DE CURRY | SALSA DE CHILI DULCE |
| SALSA DE CARNE DE TENERA | TAHINI |
| SIRACHIA PICANTE | TZATZIKI |
| MERMELADA DE PIMIENTO ROJO | HUMMUS |

PARA PICAR

- 59. ACEITUNAS CONNARANJA Y TOMILLO 3.50€**
60. ENSALADA DE COL 3.50€
61. FALAFEL con 3 SALSAS A SU ELECCIÓN 7.50€
62. HUEVO ESCOCÉS ENVUELTO con BOTIFARRON Y VERDURAS EN ESCABECHE 7.50€
63. AROS DE CEBOLLA con 3 SALSAS A SU ELECCIÓN 7.50€
64. BOMBONES DE REMOLACHA Y QUESO DE CABRA 8€
65. RACION GRANDE DE PALAMITAS DE POLLO con 3 SALSAS A SU ELECCIÓN 7.50€

NIÑOS

- 66. PALAMITAS DE POLLO CON PATITAS FRITAS 5€
- 67. HAMBURGESA DE TENERA, POLLO, QUESO O PESCADO
CON PATATAS FRITAS 5€
- 68. SANDWICH TOSTADO DE JAMON Y QUESO, ATUN CON QUESO O
QUESO CON TOMATE CON PATATAS FRITAS 5€
- 69. MINI BRUNCH : 2 CREPES AMERICANOS, HUEVO REVUELTO, BEICON Y SIROPE
DE ARCE 5€
- 70. TOSTADA CON MERMELADA DE FRESA 2.50€
- 71. 2 CREPES AMERICANOS CON SALSA DE ARCE O CHOCOLATE 5€
- 72. BACALAO FRITO CON PATATAS FRITAS 5€
- 73. PALOS DE VERDURAS CON HUMMUS 4€

ESPECIAL DE DOMINGO

1 PLATO 13.95€ 2 PLATOS 16.95€
SERVIDO DESDE 12:00 HASTA LAS 19:00

TENERA ASADA
POLLO CON HIERBAS
CERDO ASADO CON LA PIEL CRUJIENTE
VEGETERIANO
ESPECIAL PESCADO DE LA CASA
TODO SERVIDO CON : PATATAS ASADAS, VERDURAS FRESCAS,
YORKSHIRE PUDDING Y SALSA DE CARNE TENERA

SELECCION DE POSTRES POSTRES DEL DIA

CAFÉ CON TARTA 6.50€

A ELIGIR : LIMÓN MERINGUE
TARTA DE ZANHORIA SIN GLUTEN
TARTA DE LIMÓN
TARTA DE CHOCOLATE SIN GLUTEN